

# Product Licence

**Product Number:** 80079080

**Brand Name:** Senokot® Ginger Relief™

**Issued to:**

**Name of licensee:**

Purdue Pharma  
575 Granite Court  
Pickering, Ontario, L1W 3W8  
Canada

**Authorized for the following:**

**Dosage form:** Tablet

**Recommended route of administration:** Oral

**Recommended Conditions of Use:**

**Recommended Use and Purpose:**

Traditionally used in Herbal Medicine to help relieve digestive upset/disturbances including lack of appetite, nausea, digestive spasms, indigestion, dyspepsia and flatulent colic.

Helps prevent nausea and vomiting associated with motion sickness, and/or seasickness.

**Recommended dose:**

|  |               |  |                  |               |                    |
|--|---------------|--|------------------|---------------|--------------------|
| <b>Sub-population group:</b>                     |               | <b>Adults, adolescents and children older than 6 years old (indigestions claims)</b> |                  |               |                    |
| <b>Dosage</b>                                    |               |  | <b>Frequency</b> |               |                    |
| <b>Min:</b> 1                                    | <b>Max:</b> 2 | <b>Units:</b> Tablets  | <b>Min:</b> 1    | <b>Max:</b> 2 | <b>times a day</b> |
| <b>Additional Dosage Information:</b> n/a        |               |  |                  |               |                    |
| <b>Directions of Use:</b> Maximum 5 tablets/day. |               |  |                  |               |                    |

|   |               |  |                  |               |                    |
|---|---------------|--|------------------|---------------|--------------------|
| <b>Sub-population group:</b>  |               | <b>Adults, adolescents and children older than 6 years old (motion sickness)</b> |                  |               |                    |
| <b>Dosage</b>   |               |  | <b>Frequency</b> |               |                    |
| <b>Min:</b> 1   | <b>Max:</b> 3 | <b>Units:</b> Tablets  | <b>Min:</b> 1    | <b>Max:</b> 3 | <b>times a day</b> |
| <b>Additional Dosage Information:</b> n/a   |               |  |                  |               |                    |
| <b>Directions of Use:</b> Take a single dose (1-3 tablets) 30 minutes before travel and every 4 hours as needed. Maximum 3 tablets/day. |               |  |                  |               |                    |

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**Duration Statement:** n/a

## ***Risk Information***

### **Cautions and Warnings:**

Consult a health care practitioner if symptoms persist or worsen.

**Contraindications:** n/a

**Known Adverse Reactions:** n/a

**Symptoms and Treatment of Overdosage:** n/a

## ***Medicinal Ingredients:***

| Proper Name         | Common Name | Quantity per Dosage Unit | Extract   | Potency | Source Material   |
|---------------------|-------------|--------------------------|-----------|---------|-------------------|
| Zingiber officinale | Ginger      | 150 mg                   | 3.500 : 1 | 525 mg  | Dried Ginger Root |

## ***Non-Medicinal Ingredients:***

Croscarmellose sodium  
Lactose monohydrate  
Magnesium stearate  
Povidone K-30  
Silicon dioxide  
Talc

This Licence is issued by the Minister of Health under the authority of section 7 of the Natural Health Products Regulations. Sale of the described natural health product, including any changes thereto pursuant to section 11 of the Regulations, is subject to the Food and Drugs Act and to the Natural Health Products Regulations.

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| Issued: 2017-07-14 | Revised/Amended: n/a |
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**Director General  
NHPD**